

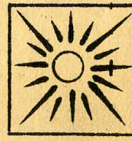

Rosemary

Magickal Properties: focus, sleep, cleansing, protection against nightmares, psychic detox, purification

Associations: Sun, fire/air, masculine, Leo, Aphrodite, Hebe, The Virgin Mary, Third Eye Chakra, Heart Chakra, Solar Plexus Chakra

How to use: Wear as an oil (diltuted) or diffuse when studying to aid in focus and retaining information, hang or line in front of a door to block negativity, sleep with a sachet or sprig of rosemary under your pillow to promote sleep and dispel nightmares, rosemary can substitute any herbs in spells, similar to white candles, attract elves by planting in your garden, cleanse space by burning a sprig like a smugde stick

Warnings: Do not consume undiluted rosemary interally or if you are pregnant or breastfeeding



Le Lady Moon