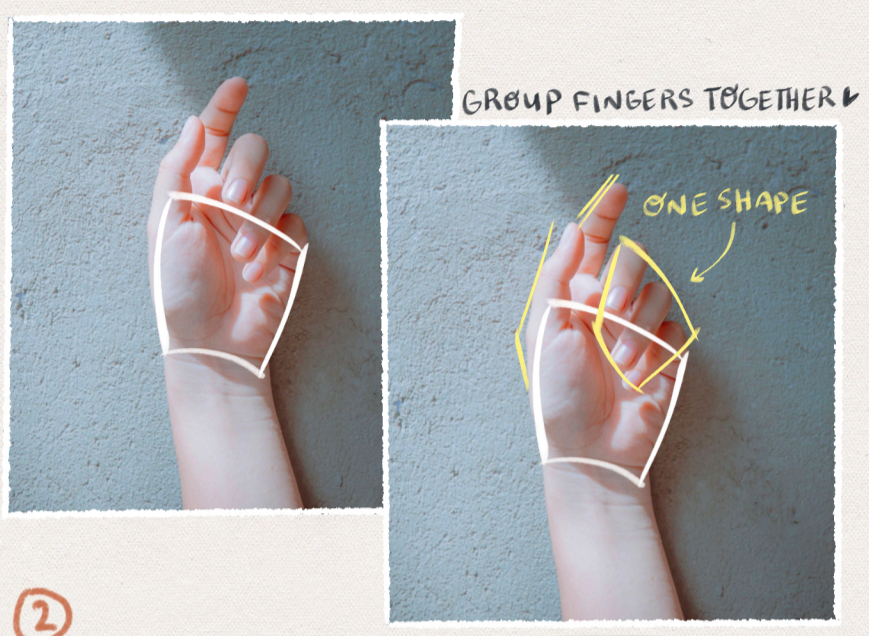


step-by-step tutorial + how to draw hands

START HERE:

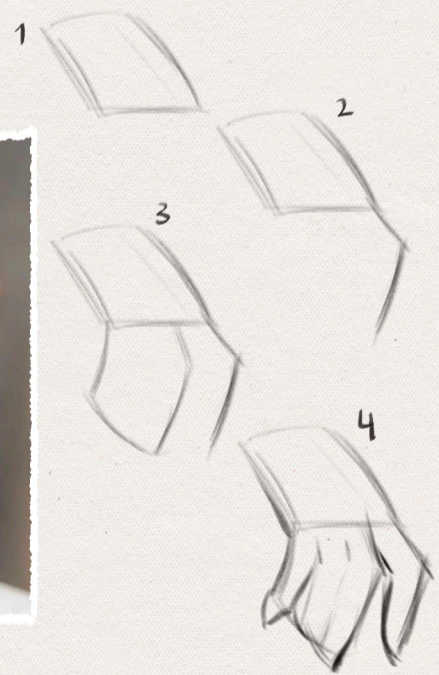
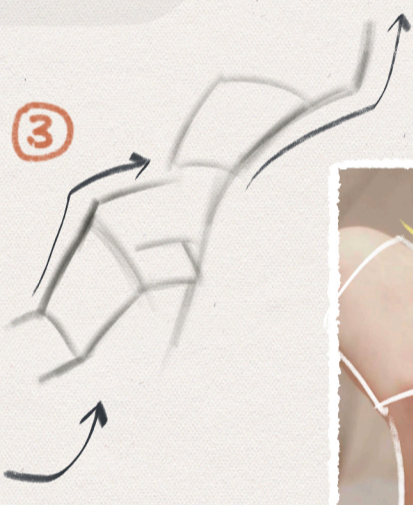
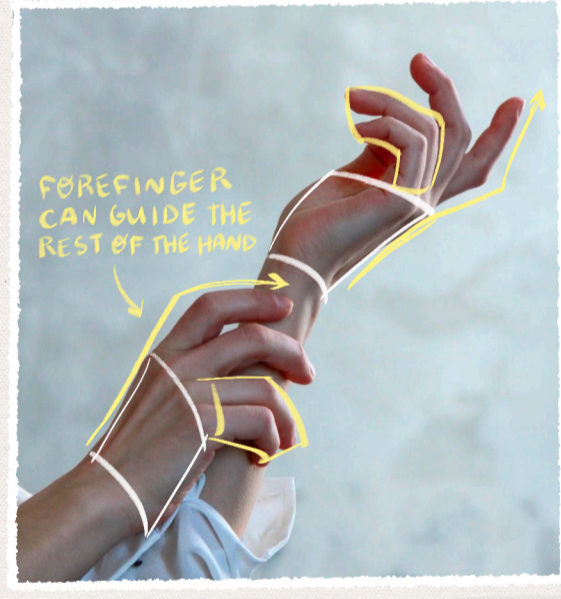


Hands can seem a little complex to draw, so it helps to break down the basic structure into simple shapes to understand how they work first. In this example you can see that the palm of the hand forms a rounded square shape, and that shape can stretch or change slightly depending on the hand pose :)



After laying down a foundation for the shape of the palm of the hand, I like to observe the fingers and see which ones I can group into shapes. In this case, the thumb and forefinger are separate, but the last three fingers can be grouped together into a single shape :)

ANOTHER THING TO PAY ATTENTION TO:



Another quick tip to note is that it helps to pay attention to the forefinger – and this is because of how it connects to the edge of the hand. The edge of the forefinger perfectly aligns with the square shape of the palm, so it's easy to sketch the angle of the finger coming out of the square shape and let it guide the rest of the hand shapes as we'll see later on :)

Here's a little demonstration of the last step to give you a better idea of what I mean :) You can see that I started with the square shape of the palm, and from there we can see that the line that creates the edge of the forefinger perfectly connects to the edge of the square. This is a great place to start because then you can see that I grouped the last three fingers into one shape and then from there it's much easier to carve out each finger!



One more thing to notice is the squishy shape in the palm that perfectly connects with the pinky or the thumb. It's shapes like this one that serve as visual guides to help us get started on drawing fingers, which can be tricky! So the number one thing to remember before drawing fingers is to search for these "guide shapes" that show us where fingers begin.

Now it's time to sketch!

See part 2 to get started on sketching some hands!