

# Blueberry Cheesecake Overnight Oats



## Ingredients

- 1/2 C dry Oats
- 1 scoop Vanilla Protein Powder
- 1/2 C Fat Free Fairlife Milk
- 2 tsp Cheesecake Pudding Mix
- 1/4 C Blueberries

## Instructions

1. In a sealable container, add your oats, protein powder, milk, and cheesecake pudding mix.
2. Mix well and top with blueberries.
3. Cover and place in the fridge overnight. You can eat these cold or warmed up the next day.
4. Enjoy!

## Nutrition Profile

Calories - 335  
Fat - 3g  
Carbohydrates - 42g  
Protein - 33g