

A Christmas Gift
By MagnusMagneto

Seriously big brother? You gave me dumbbells? For Christmas?

You obviously know I have a gym membership, right? That is how I keep my body in such great shape after all. And I've already got plenty of little weights like these for working out at home. Did you even think this through?

What's that? They're MAGIC dumbbells? Yeah right!

But fine, I'll humor you. How do they work?

I have to say a magic phrase? What is it?

Seriously?

Alright let's get this over with. 'Mystic power, grant me might, with each lift, unleash your light' Happy? This is so ridicu—

Whoa, what the hell!?! They're lighting up!

Not sure how that works, but that's cool at least. So now what? I've got dumbbell shaped flashlights?

I'm supposed to exercise with them?

Alright, guess I'll do some bicep curls.

Hrmph—what the heck, these are heavy all of a sudden. Hey! I feel something! And do you see that? There's like a red swirly coming out of the dumbbells and going into my arms!

I should keep lifting them? Well, alright.

Mmm, that feeling's intensifying as I curl the weights. And it looks like this red energy is flowing right into my biceps!

Speaking of which, it's not my imagination right? Or are they looking a little bit more solid and toned than usual?!

I have to see what happens if I keep curling these dumbbells...!

Mmm, the burn feels so good with this magic flowing into my arms! Look—I've got little apple sized biceps now! My shoulders are getting some of this too—they're looking more defined than ever!

I want more! Yes! the magic just keeps flowing and I keep growing!

This is so cool! I can see veins running along my biceps now!

With every rep, I can feel my muscles bulging bigger while I get stronger. It's addictive!

Can't believe I'm saying this, but I guess I was wrong about your gift! You really outdid yourself this year.

Now for some more curls...

Look at that! My arms are as big as yours now! Let's go ahead and make them a little bigger...

Yes! Now I've got bigger biceps than you! The look on your face is priceless. What did you expect was going to happen when you gave me these dumbbells? Thought I'd just get a little more toned and stop or something like that? Ha! No way!

Time to see what my guns look like with even more size than this!

Mm, they look even better than I imagined! Getting jealous? Just wait until I even them out with some tricep extensions...

There we go - now I've got those defined horseshoe shapes popping out. Let's make 'em grow...

Wow! It's like I've got mini mountains forming on the back of my arms! Yours look so weak in comparison!

Come over here and give them a feel. Nice huh? Go on and squeeze them as hard as you can. They're like rocks, aren't they? But... I can feel you budging them a little... And that simply won't do. There! Now you can't dent them at all! Heh, your hand's cramping up from trying though - how cute!

This is incredible. I'm not just going to be the best looking in our family, I'll be the strongest too!

Hmm? You think I should start working on muscles other than my arms to even out? Heh, sounds like someone's afraid of my arms getting even bigger than his! But... I guess you have a point - I am pretty disproportionate now.

Alright, time for some shoulder presses... Mmm, I can feel the magic spreading to new muscles in my upper body! Look! My delts are already starting to pop! And my back's broadening too. Even my chest looks a little firmer! I need more of that! Yes! The power just keeps streaming into me!

My shoulders are easily as large as yours now! And I bet they're way better defined! Take your shirt off so we can compare. Come on! It'll be fun! I won't bully you TOO hard... Pfft! Wow!

You're even softer looking than I thought you'd be! Look at how nice and ripped my arms and shoulders are next to yours! And thanks to these dumbbells I'm gonna look better and better compared to you - just the way I want it! And maybe you do to, considering you gave them to me in the first place.

Speaking of making myself better - I wanna get a lot broader than you too... Bet lateral raises would do the trick. Yes! Look at that! I'm getting wider... and wider... and wider!

Just a couple more and...

There! Definitely broader than you now!

I can see the envy on your face. You wish you had these shoulders, don't you? My whole upper body is sooo much hotter than yours now that it's unreal! Though... My chest needs this magic too... Be a dear and go fetch your weight bench for me. I want to do some chest presses with my new dumbbells. Go on, go get it. In the meantime I'm going to do some squats...

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Thanks for grabbing that bench for me! Such a good boy. Check it out! Just a couple dozen squats and my thighs got huge! I even grew taller too! Now we're the same height! And my ass is out of this world! Bet you wish you had a girlfriend you could've given these to, huh? Though... if you had just used the dumbbells yourself, you could've actually gotten a girlfriend in the first place... But now your sister becomes a muscle goddess while you stay flabby and unimpressive! I guess this must've been what you really wanted, isn't it? Otherwise you would've given yourself the awesome muscles instead. Oh well. Unlike you, I take full advantage of opportunities presented to me.

Anyways, come over here and stand next to me. I want to compare our legs.

Heheh, just what I wanted - my thighs are massive next to yours! But... Hmmph... Your calves are still only a little smaller than mine... That needs to be fixed!

Some calf raises should do the trick. Ooo - look at how much they're growing with each rise! I'm getting even taller too! Just a few more and... Wow, my shoes just tore to shreds as my feet have totally outgrown them!

Your calves are starting to look kind of puny next to mine, but we need to go further! That's it... bigger, and bigger, and bigger! Yes! Now I'm at least a couple inches taller than you! How's it feel looking up at your little sister for the first time in our lives? I gotta say that it feels right being the taller one between us, and I'll have to keep increasing that gap soon.

But first it's time for some serious bench pressing. Mmm, that's the best feeling yet! My pecs are swelling up so quickly! They must be thirsty for the magic! And... Heh, even my boobs are growing! I'm not going to just be the hottest person in our family - I'm gonna be the hottest person in the world!

I wanna keep pushing more and more power into my chest! My top's getting so tight... Hope it doesn't burst open quite yet - I'd have to go get changed or send you out of the room, and I want you to watch every moment of this transformation! After all, it was thanks to your gift, so it's only fitting that I return the favor by putting on the greatest show of your life!

Mm - wow! My pecs are fucking beefy now! Your chest looks so frail in comparison! Think my arms soaked up a little more magic from the bench pressing too. This is awesome!

Time to push things to the extreme...

This is the most intense workout of my life, but it's so worth it!

Mmm - fuck, my tits are unreal now! I can barely see past them. These have gotta be the biggest 'natural' breasts in the world! Though... I guess they are magically augmented. My top's hanging on by a thread! And these pecs! I'm so tempted to flex them, but I'm afraid my top will burst right off if I do! They're bigger than any man's I've ever seen - not even bodybuilders on the internet can compare!

Now then, adjust the bench for me so I can work on my abs. You heard me - do it. I'm not letting go of these dumbbells for a moment! Not until I have the body of my wildest dreams that is. And the more of this magic I get, the wilder my dream body becomes!

Heh, thanks for adjusting the bench, big bro. You're surprisingly good at following orders. It's almost like you were born to serve your little sister. Must be why you were so eager to hand me all this power!

Alright, time to sculpt these abs.

Oh fuck... this feels even better than the bench presses! Mmmph... This is the most pleasurable sensation of my life! I can feel the magic coursing through me with each crunch. It's like every rep is etching a new line into my stomach. Can you see it? The outline of what's to come?

Just a few more crunches and... look at that, four perfectly defined muscles are already showing up!

Phew... I'm working up a sweat! But it's worth the effort. A couple more reps and... Yes! Now there's six abs!

But why stop at six? I want an eight-pack!

These crunches are addictive! I love the way the magic surges through me while, my tummy gets hotter and hotter... And there it is - my eight-pack!

Feel them, bro. Go on, touch them. Hard as rock, right?

Bet you wish you had abs like these. But you'll have to diet and slave away at the gym to even come close to anything like this.

And now I'm going to make sure that even if you did dedicate the rest of your life to getting fit that your abs wouldn't compare to mine!

Oh wow... They're so thick and blocky now! I even see veins running along them! Each one's like a brick!

Jeeze... I bet even pro bodybuilders would be jealous of this!

And let's not forget about these obliques. There we go... A nice thick Adonis belt for me. And what are these side ones called? Serratus somethings? Whatever they are, they look amazing now! I'm literally sculpting my body into a work of art.

Each muscle in my core is so defined now that you could probably wash clothes on them!

It's like I've got steel under my skin! Not the soft, pudgy belly you've got there, big brother.

Guess it's time to get off the bench and finish evening myself out.

Heh, I almost forgot that I'm taller than you now! I love it!

Anyways, I think that some dead lifts would hit the muscles I haven't worked yet.

Mmm, I can feel it already. The magic's coursing all along my back, through my rear, and down to my hamstrings.

I kind of wish I had your view so I could see the muscles growing! Must be quite a treat seeing my traps and lats become wider and wider while my hamstrings get thicker and thicker. Of course, I'm so generous that I'll keep working hard so the show goes on!

Mmm, it looks like the dead lifts are making me taller too. Ever imagine your little sis would be towering over you? This is like a dream come true for me! And based on the look on your face, it seems like one for you too.

Though maybe a bit of a nightmare as well? Guess that makes it all the more exciting for you, huh?

Just a dozen dead lifts have boosted me so much! Look at these hamstrings! They're like steel cables now, perfectly sculpted. And don't even get me started on my ass. It's becoming so round and firm, like two perfectly shaped boulders!

It's so funny to me. All you had to do was say the magic phrase yourself and lift these dumbbells and you could've turned yourself into the hottest guy in the world. Bet you could've had any woman you wanted if you did.

But nope, it's your little sister who's becoming a total muscle goddess right before your eyes.

Better not regret your decision, because it's too late now. I'm the one getting all this power and all this strength! And you? You get to just stand there and drool while you watch me surpass you in every way!

I just HAVE to check myself out in the mirror now. Ohmygod! This is unreal! I'm definitely the hottest person in the world! And one of the strongest too! Everyone's going to be obsessed with me!

Oh, NOW you want me to let you use the dumbbells?

Pfft! I already told you that I'm getting all the power here! After all only I'm allowed to become perfect!

Oh jeeze... you're literally begging now. Ugh, you look so pathetic like that...

Fine, how about you can have a turn with them when I'm finished?

What, you to need use the dumbbells now? Why? Just let me get the body of my dreams and then you can do whatever you want.

Oh, what's that? There's only a limited amount of energy in these things?

Hmm... You know? Now that I'm focusing on it, I can actually sense the power inside of them... And yeah, it feels like there's only about half of the magic remaining.

So... in that case... there's no way I'm handing them over! I'm not stopping until I've squeezed every, last, bit, of magic into myself! And you get to be the one to see it all happen firsthand. Lucky you!

Oh stop whining. You CHOSE to give me the dumbbells! Then you BEGGED me to use them! And even told me their cheesy activation phrase! You've known me my whole life -

OBVIOUSLY if I was given this opportunity I would make the most of it! Isn't that why you picked me to have them in the first place? Because you knew I have the discipline and drive to draw out ALL their power like this?

Now stop being bitchy and enjoy the rest of the show. After all, having an unstoppable super strong goddess sister should pay off for you in the long-run - at least if you stay on her good side.

Alright, time for a little cardio. Let's head to the treadmill. I'm going to find out what happens when I run on it while holding the dumbbells. And you, big brother, you get to be my little assistant. You're going to control the treadmill for me, because I'm not letting go of these dumbbells for even a second. You understand?

Good.

Now turn it on.

Starting off slow... but I can already feel the magic flowing into me a little. Okay, crank up the speed a bit.

Mmm, even this light jog is increasing the stream of magic. I can even feel it in my chest and lungs - bet they're powering up too!

Alright, this is becoming a little too easy. Make it faster!

Here we go! Every step I take, I can feel my legs bulking up while I draw more and more magic into my body. Can you see it? The energy flowing into me, making me even better?!

It's not just my lower body - swinging these dumbbells is enhancing my arms and back too!

We're off to a great start! Now add some incline to make it more challenging.

Perfect - the magic's flowing even faster! Wow, I can see that even my abs are getting in on the action! If I knew how effective this was, I might've just started off running on this thing in the first place!

Mmm... Bet my ass is getting even better from this too, huh? And... Pretty sure my legs are lengthening because I can feel my perspective rising higher!

Boost the speed! I want it maxed out! And maximum incline too!

I think I felt challenged for a moment there. But then the dumbbells made me even stronger! This is so easy! I'm not even out of breath! I'm like a superhuman now! I can't believe this stupid thing only goes up to 10 miles per hour... I need it to go way faster than that!

Ha! The treadmill is struggling to keep up with me. I'm too strong for it! It's shaking with every step I take! I'm like a force of nature!

Wait, is it... breaking? Oh my god, I'm actually destroying it! The machine can't handle me! This is incredible! I feel unstoppable! Just a few more strides and... Yup, there goes the whole running belt! The treadmill's toast!

Guess I'll have to get off of it for now.

Wow! Look at how much taller I grew from that run! I must be like a whole foot above you now! My head is nearly touching the ceiling! Who could've imagined that a little cardio could provide so much benefit?

Come over here so we can compare.

Holy shit... the sheer difference between us is crazy! My calves alone are way bigger than your little chicken legs! This is amazing! You're so pathetic next to me!

And look at my thighs! I bet you could barely wrap your arms around them!

In fact, go ahead and give it a try. It's the least I can do as thanks for your gift.

Heh - it's just like I said. Both your arms can barely fit around it. Aww, are you trembling a little? Can't blame you.

This one leg has more muscle than your whole body! And it's super strong muscle too. I bet that thigh alone has like three times the power you do! Maybe more!

You can't even imagine how good it feels to have all this strength and energy.

And I guess you never will! Because even if you found another pair of magic dumbbells like these, I'd be sure to snatch them away from you and take all their power too! Oh don't think for a moment I'm joking. I may already be this amazing, but I'm addicted to improving! Even when we're done here I'm going to keep lifting regular weights. Imagine if I'm able to gain muscle normally way faster after this. I'll just keep getting stronger... and stronger... and stronger...!

The thought is so exciting!

But first I have to finish off the magic in these dumbbells.

It feels like there's a smidgen left...

No! You can't have it! Sure - would be enough to give you a nice toned body, but I've made it abundantly clear what's happening.

First let's see what I look like in the mirror...

Oh my god! This is even better than I imagined! I'm officially the hottest, buffest person alive! Nobody in the world can compare!

Jeeze... My biceps are almost as big as my head. And my thighs are so much thicker than my waist! Guess my chest didn't get too much from the run... so the rest of the magic should go there!

I'll just lay back down on the bench... Heh, I can barely fit on it. My huge back is sprawling right off!

Alright, time for even bigger pecs and better boobs!

Fuck yes! They're getting even huger! I wish there was an infinite amount of magic in these dumbbells! I'd never stop using them until I outgrew the entire world!

Oh well. I'll take everything I can get for now!

Wow! My tits are so huge now that I really can't see past them! Might be a little inconvenient, but it's too epic for me to care!

Time to go even further...

Mmm, that's it... Gimme every last ounce of power... All of it... for me!

Oof! There goes my top! Look away! Right on time too - because these dumbbells are now totally drained of magic.

You can take them now if you want, as a little souvenir of our time together today.

Though... I suspect you're going to be finding every excuse you can to hang out with me now that I've got this body. And well... Considering how useful you were today, I suppose it would only be fair to let you become my personal servant.

But first, I need to go find something to cover up my godlike chest with. And then... You're going to show me exactly where you got these dumbbells from! Along with if there are any more toys to continue my ascension!