

# Best Guitar Speed Exercises

Shred

## Alternate Picking Exercise

Am Dm

4/4

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TAB: 13-10-12-13-12-10-13-10-12-13-12-10 | 13-10-12-13-12-10-13-10-12-13-12-10

G C

TAB: 12-8-10-12-10-8-12-8-10-12-10-8 | 12-8-10-12-10-8-12-8-10-12-10-8

F Bdim

TAB: 10-6-8-10-8-6-10-6-8-10-8-6 | 10-7-8-10-8-7-10-7-8-10-8-7

Em Am E

TAB: 8-5-6-8-6-5-8-5-6-8-6-5 | 8-5-7-8-7-5-8-5-7-8-7-5 | 7

## Hybrid Picking Exercise

3/8

TAB: 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 0 0 | 0 3 5 3 5 0 3 5 4 5 4 0 0

6 0 0 7 0 0 7 9 | 5 7 9 5 5

Finger Tapping Exercise

Bm T T T T | F#/A# T T T T

9 11 12 0 9 11 12 0 9 11 12 0 9 11 12 0 | 8 11 14 0 8 11 14 0 8 11 14 0 8 11 14 0

A T T T T | E/G# T T T T

7 9 15 0 7 9 15 0 7 9 15 0 7 9 15 0 | 6 9 17 0 6 9 17 0 6 9 17 0 6 9 17 0

G T T T T | F#sus T T T T

5 7 19 0 5 7 19 0 5 7 19 0 5 7 19 0 | 4 6 19 0 4 6 19 0 4 6 19 0 4 6 19 0

F# T T T T | Bm

3 4 19 0 3 4 19 0 3 4 19 0 3 4 19 0 | 4 4 2

Legato Exercise

Bm G

0 0 11 12 14 0 0 11 12 14 0 0 11 12 14 0 0 11 12 14 0 0 14 0 0 14 0 0 14 0 0 14

Bm G

0 0 11 12 14 0 0 11 12 14 0 0 11 12 14 0 0 11 12 14 0 0 7 9 10 0 0 7 9 10 0 0 7 9 10 0 0 7 9 10

F#sus F#b9

0 0 6 8 9 0 0 6 8 9 0 0 6 8 9 0 0 6 8 9 0 0 6 8 9 0 0 6 8 9 0 0 6 8 9

Sweep Picking (Andalusian Cadence)

Dm C

12 12 15 12 12 15 12 12 15 12 12 15 12 10 10 14 10 10 14 10 10 14 10 10 14 10 10 14 10

Bb A

8 8 12 8 8 12 8 8 12 8 8 12 8 7 7 11 7 7 11 7 7 11 7 7 11 7 7 11 7