



MAGICKAL WITCH COVEN



NEW MOON SHOWER SPELL

CLEANSING & PROTECTION

Materials:

- **A black sachet (or any color you choose)**
- **Rosemary, lavender, dried rose petals**
- **Salt**
- **(Optional): Candles, water safe crystals**

The Ritual:

This is a New Moon shower ritual you can try if you aren't a fan of baths or don't have access to one. (You can definitely do this ritual whenever you feel called for more cleansing and protection, too). The best part about this ritual is that it is totally customizable!

If you decided to use candles to set the mood for your ritual you may light them now. White candles are great for cleansing and black candles are great for protection. You can use your favorite candle or any other one you choose, too. Feel free to cleanse your space before you begin if you want. Incense, sprays or sound cleansing would be great.

Next, if you chose to use crystals for this ritual, place your water safe crystals somewhere in your shower. You can place them on a corner shelf or along the edge. Some examples of crystals that can go in water are rose quartz, clear quartz and amethyst.

Now, take the sachet you chose and fill it with salt, lavender, dried rose petals and rosemary. Salt is for cleansing, lavender for positivity and calmness, rosemary for protection and dried rose petals for love. You can add or omit any of the herbs you choose to create your own unique blend. Once you finished filling your sachet, start your shower and rub your sachet all over each body part and visualize all of the negative gunk washing down the drain. After, hang it from your shower head and visualize yourself surrounded by a white light.

You can also repeat these affirmations out loud or in your head, as many times that feels right to you (Choose the ones that work best for you):

"I am rejuvenated and renewed with this New Moon."

"I am making space for new beginnings."

"Let the water wash away negativity and cleanse my mind, body and spirit."

"I make space for love, prosperity and abundance to flow through me."

Feel free to add your owns or customize these ones to fit yourself better and include any prayers or invocations to deities you work with.

Happy New Moon!

