3/4 strum scratch paper

Above the 1+2+3+, write in an arrow each time you hit the strings and leave it blank each time you don't. You can put an "x" for a string mute or a "p" for picking the root note, but make sure the mute or pick still follows the direction of the arrows. The direction your arrows point should ALWAYS match the arrows below and your arm should ALWAYS move with the black arrows even if you're not touching the strings.

$$1+2+3+$$
 $\downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$

$$1 + 2 + 3 + \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 +$$

$$\downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 + \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 + \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 +$$

$$\downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 + \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$

$$1 + 2 + 3 + 1$$

$$\downarrow \uparrow \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow$$