

# Mode Machine Workout

Shred

F# Locrian

□ V □ V

TAB: 2 3 5 | 2 3 5 2 4 5 2 4 5 3 5 7 3 | 5 7 5 3 7 5 3 5 4 2 5 4 2 5 3 2

G Ionian

TAB: 5 3 2 3 5 7 3 5 7 4 5 7 4 5 7 5 | 7 8 5 7 8 7 5 8 7 5 7 5 4 7 5 4

A Dorian

TAB: 7 5 3 7 5 3 5 7 8 5 7 9 5 7 9 5 | 7 9 7 8 10 7 8 10 8 7 10 8 7 9 7 5

B Phrygian

TAB: 9 7 5 9 7 5 8 7 5 7 8 10 7 9 10 7 | 9 10 7 9 11 8 10 12 8 10 12 10 8 12 10 8

C Lydian

TAB: 11 9 7 10 9 7 10 9 7 10 8 7 8 10 12 9 | 10 12 9 10 12 9 11 12 10 12 13 10 12 14 12 10

D Mixolydian

TAB: 13 12 10 12 11 9 12 10 9 12 10 9 12 10 8 10 | 12 14 10 12 14 10 12 14 11 12 14 12 13 15 12 14

E Aeolian

15-14-12 15-13-12 14-12-11 14-12-10 14-12-10 14 12-10-12-14-15 12-14-15 12-14-16 13-15

17 14-15-17-15-14 17-15-13 16-14-12 16-14-12 15 14-12 15-14-12