



Mindset - Talk

Hi there sweeties! I just wanted to tell you how proud I am to guide each and every one of you along your personal hypnotic journeys. I don't want any of my ladies ever feeling left out or uncomfortable being the perfect little princesses they've always wanted to be. That's why I am proud to release "*Mindset - Talk*" to help ease you into the nuances it takes to pass as a perfect little slut every day.

Throughout this recording, you'll learn lots of processes you can implement in your life to show others how committed you are to becoming the giggly girly girl of your dreams. Perfect moving, sitting, and acting like the delicate women that make you so jealous. Be reminded of the proper ways for submissive, feminine, girls to act. Learn how to speak with all the words your bimbo idols use! Think of this file like a crash course in sissy etiquette. Useful in making you quickly forget all those boring guy mannerisms you used to think you wanted to have.

- ✧ Using the word 'like' in every sentence that I speak.
- ✧ Making sure to touch others whenever I desire to make a point.
- ✧ Knowing that fierce is a word that I use to describe everything that I love.
- ✧ Using the word cute to describe everything I desire.
- ✧ Copying how women talk and act in the movies and tv shows that I love to watch.
- ✧ Emulating how women talk and act as I go about my day.
- ✧ Talking like a slutty, valley girl whenever I can.
- ✧ Loving the sound of my voice whenever I am talking like a girl.
- ✧ Calling my girlfriends 'bitches' as a sign of affection.
- ✧ Knowing that I need people to call me a bitch as much as possible so that I can feel like a woman.
- ✧ Preferring others to call me a bitch or slut in public.
- ✧ Wearing tight feminine shirts with vulgar sexy words on them.
- ✧ Always cute and feminine whenever I talk.
- ✧ Giggling whenever anybody uses big words around me.
- ✧ Giggling whenever I am nervous.
- ✧ Signing all my letters with hugs and kisses.
- ✧ Hugging and kissing the attractive strangers that I meet.
- ✧ Acting like an unconfident little girl whenever I am around people who turn me on.
- ✧ Watching how women talk throughout the day so I can emulate and idolize them.



- ❖ Speaking like a catty girly girl.
- ❖ Finding celebrity gossip super completely interesting and arousing.
- ❖ Knowing I only swear like a little girl and never use any gross and disgusting adult swear words.
- ❖ Gossiping about the people that I know to my flirty girlfriends.
- ❖ Saying 'Oopsies' whenever I make a mistake.
- ❖ Totally interested in like everything that my adorable girlfriends say.
- ❖ Knowing that chewing my pink bubblegum keeps my mouth occupied and makes me look even sexier.
- ❖ Touching people whenever I desire to make a point.
- ❖ Covering my mouth whenever I giggle like the dumb little slut that I love to be.
- ❖ Crying easily whenever I hear a sad story.
- ❖ The most feminine words that I have ever heard.
- ❖ Always signing my name with little hearts.
- ❖ Listening to gossiping women talk to each other.
- ❖ Knowing that I need to love whatever the women around me are interested in.
- ❖ The words and phrases used by the women around me.
- ❖ Keeping my wrists limp whenever I talk to my friends and family.
- ❖ A catty girl in my favorite soap opera.
- ❖ A giggling bimbo. Always talking in her high pitched feminine voice.
- ❖ Remembering that I have always talked in a high pitched feminine voice.
- ❖ Knowing that my voice sounds strange unless it is high pitched and feminine.
- ❖ The voice of the most feminine person that I have ever known.
- ❖ Totally jealous of the beautiful women who get more attention than me.
- ❖ Talking like a catty girl so that I can be the center of attention.
- ❖ Rolling my eyes upwards whenever I am thinking hard about something.
- ❖ Smiling more with my eyes instead of my mouth.
- ❖ Holding my head erect and tilted while I bite my lower lip whenever I desire to think hard about anything.
- ❖ Smiling in every situation.
- ❖ Showing all of my teeth whenever I smile.
- ❖ Smiling all the time in every situation.
- ❖ Covering my cute girly mouth whenever I giggle or chew.
- ❖ Always crossing my smooth legs at thigh level whenever I am seated.
- ❖ Bending at the waist like a sexy woman whenever I bend down to pick something up.
- ❖ Having my knees pointed towards each other whenever I am in a conversation.
- ❖ Touching others on the forearm whenever I am trying to make a point.



- ✧ Touching others on the arms or shoulder whenever I desire to talk to them.
- ✧ Holding the backs of my arms whenever I cross them, instead of tucking them under my biceps.
- ✧ Playing with my hair whenever I am nervous.
- ✧ Always sitting like a girl. Legs crossed with a straight posture and arms as close to my body as possible.
- ✧ Only shaking with limp hands and only using the tips of my fingers.
- ✧ Swaying my hips provocatively wherever I walk.
- ✧ Putting one hand on my hip while I gesture with the other.
- ✧ Centering my weight on my back leg while I stand.
- ✧ Mirroring the body language of the people around me.
- ✧ More empathetic in every situation.
- ✧ Crossing my legs and wrapping the foot of my top leg behind the other so my legs are entwined whenever I get nervous.
- ✧ Using a head flick to toss my long feminine hair out of my face.
- ✧ Always making sure that my lips are wet and covered in girly gloss.
- ✧ Always touching myself whenever I am talking to people.
- ✧ Letting my wrists hang limp to show others how feminine I love to be.
- ✧ Biting down on my lower lip with my top teeth slightly exposed whenever I am flirting.
- ✧ Stroking my hair frequently whenever I am around someone I am attracted to.
- ✧ Taking advantage of any reflection to check out my appearance.
- ✧ Always walking with an erect posture, extended chest, and tight stomach.
- ✧ Standing ankles together, legs touching all the way from top to bottom.
- ✧ Talking softly and delicately in a high-pitched, feminine voice in every situation.
- ✧ A completely feminine, soft-spoken woman.
- ✧ Only talking about feelings, relationships and people.
- ✧ Emphasizing any 'S' sounds that I make whenever I talk.
- ✧ Pronouncing any 'T' sounds distinctively.
- ✧ Speaking every consonant and vowel clearly.
- ✧ Using more inflection in everything that I say.
- ✧ Gushing about how much I love dressing and acting like a woman to anyone who may ask.