



Dresses & Skirts

Do you crave the feeling of wearing a pretty dress or a fashionable skirt? Are you curious about how cute you might look in the outfits you see the cute girls around you wearing? Give in to your cravings and desires and love how free and confident you become whenever you are wearing a dress or a skirt.

This file is aimed towards giving the listener a deep love and appreciation for dresses and skirts. Through repeated listening, you will discover that you prefer the feel of wearing a cute dress over any other type of clothing and feel uncomfortable whenever you try to wear boring pants. Learn of your love to shop for cute new dress and skirt styles online, and find yourself buying a new outfit to match every mood that you might be in! Know that you are the happiest whenever you are wearing a dress or a skirt, and that anything else just isn't as comfortable.

Listen and loop to learn how freeing and relaxing a simple change in wardrobe can be.

- ✧ Feeling sexy and confident and beautiful whenever I am wearing a skirt.
- ✧ Buying the trendiest and most fashionable dresses from the newest and most popular brands.
- ✧ Intuitively knowing that I need to wear a skirt in order to become the woman that I have always desired to be.
- ✧ Knowing that I am the happiest whenever I am wearing a cute and fashionable skirt.
- ✧ Wearing a skirt or a dress each and every day in order to advertise myself as the girly girl that I have always desired to be.
- ✧ Fantasizing about being complimented on my cute and fashionable and trendy skirt.
- ✧ Feeling happy and loved and confident whenever I am wearing a skirt.
- ✧ Needing to wear a skirt each and every day in order to feel happy and feminine and comfortable.
- ✧ Fantasizing about feeling the summer breeze on my bare legs as I wear a beautiful sundress.
- ✧ Fantasizing about spinning and twirling my beautiful and pretty and flowy skirts in order to feel happy and confident and fun.
- ✧ Loving myself whenever I am wearing a skirt or a dress.
- ✧ Intuitively knowing that I am the most happy and comfortable and relaxed whenever I am wearing a dress.
- ✧ Remembering to sleep in a night gown in order to feel feminine and happy and relaxed.



- ❖ Intuitively knowing that dresses and skirts are completely flattering for my beautiful feminine body.
- ❖ Intuitively knowing that wearing a dress or a skirt advertises me as the trendy girl I have always loved being.
- ❖ Imitating the women I love to idolize by wearing beautiful and trendy dresses.
- ❖ Feeling masculine and gross and uncomfortable whenever I am forced to wear pants.
- ❖ Desiring to wear a skirt each and every day.
- ❖ Fantasizing about wearing cute and adorable and feminine skirts each and every day.
- ❖ Feeling flirty and confident and sexy whenever I am wearing a skirt.
- ❖ Shopping for new dresses and skirts online whenever I am feeling feminine and girly and happy.
- ❖ Feeling sexy and seductive and alluring whenever I am wearing a tight dress that shows off all of my feminine curves.
- ❖ Intuitively knowing that wearing a skirt or a dress is the key to confidence in myself.
- ❖ Loving the feeling of a skirt on me.
- ❖ Loving how girly and delicate and cute I look in a dress.
- ❖ Fantasizing about being told that I look pretty in my favorite skirt.
- ❖ Desiring to wear a pretty and beautiful and flattering skirt each and every day.
- ❖ Feeling confident and fashionable and pretty whenever I am wearing a skirt or a dress.
- ❖ Knowing that wearing pants is unflattering on me and makes me look frumpy and boxy and unattractive.
- ❖ Craving the feeling of a flowy skirt accentuating my feminine hips.
- ❖ Preferring to wear skirts whenever I go out.
- ❖ Fantasizing on going on a date with a hot stranger while wearing my favorite dress.
- ❖ Intuitively knowing that I need to wear a dress on a first date in order to advertise myself as an elegant and beautiful woman.
- ❖ Fantasizing about wearing a tight and flattering and sexy dress as I dance in a night club.
- ❖ Fantasizing about my sexy lover easily reaching up my skirt to pleasure me.
- ❖ Fantasizing about my sexy lover pushing my skirt up in order to fuck me.
- ❖ Intuitively knowing that wearing a skirt or a dress will make me appear more feminine and girly.
- ❖ Intuitively knowing that all beautiful and trendy and fashionable women have a large collection of flattering dresses and skirts.
- ❖ Loving myself whenever I am walking around in a dress.
- ❖ Preferring the way I look in the mirror whenever I am wearing my favorite dress.
- ❖ Feeling sexy and seductive and confident whenever I am wearing a dress or a skirt.



- ✧ Intuitively knowing that I prefer to wear a skirt each and every day.
- ✧ Instantly putting on a comfortable dress whenever I have to go out for a quick errand.
- ✧ Intuitively knowing that I can look good without much effort whenever I am wearing a beautiful dress.
- ✧ Intuitively knowing that dresses and skirts are more comfortable than pants.
- ✧ Imagining myself walking down the street in my favorite skirt while getting compliments on my style.
- ✧ Fantasizing about replacing all of my boring and masculine and boxy pairs of pants with beautiful and pretty and sensual dresses and skirts.
- ✧ Intuitively knowing that I look sexy and seductive and alluring whenever I am wearing a dress or a skirt.
- ✧ Intuitively knowing that presenting myself as a dress and skirt wearing woman helps me feel feminine and empowered and energetic.
- ✧ Wearing cute shoes that match my skirt in order to show off my long and beautiful and shapely legs.
- ✧ Wearing a short and tight skirt to show off my sexy and seductive and alluring legs and hips and butt.
- ✧ Feeling inspired and motivated to dress and behave femininely whenever I see a beautiful woman in a dress.
- ✧ Loving myself whenever I am idolizing beautiful women who are wearing dresses.
- ✧ Intuitively knowing that wearing a skirt or a dress will instantly make me appear feminine and girly and sexy.
- ✧ Remembering how happy and confident and loved I feel whenever I am wearing a skirt.
- ✧ Desiring to wear a skirt each and every day.
- ✧ Feeling uncomfortable and unconfident and upset whenever I am not wearing a skirt.
- ✧ Feeling vulnerable and ugly and uncomfortable whenever I am not wearing a dress.
- ✧ Feeling underdressed and anxious and upset whenever I am not wearing a skirt.
- ✧ Feeling proud and satisfied and fulfilled whenever I am wearing a flattering skirt or dress.