



# *Bedwetter*

Not all of the things we have learned in our lives are important to us once we grow up and are forced to become bigger and more responsible. For those that yearn to forget and relax and regress to simpler times, I am proud to offer: *Bedwetter*

In order to be the best bedwetter possible, you must refuse to accept anything other than a wet bed when you wake up in the morning as a sign of a job well done. Find yourself having trouble falling asleep without wearing a comfortable, thick diaper to protect you throughout the night. Discover yourself becoming excited whenever you wake up wet and happy and push yourself to drink water before bed and wear extra absorbent pads in order to wet yourself even more as you sleep comfortably and peacefully.

Let go completely as you learn to sleep soundly through the night in your comfortable, thick diapers. Easily become the completely carefree child you have always desired to become again as you wake up every day wet and happy.

- ✧ Wetting my bed every night.
- ✧ Only happy when I wake up wet.
- ✧ Drinking a glass of water before I go to sleep.
- ✧ Making sure to always wear my comfortable diaper to bed.
- ✧ Falling asleep easily in my comfortable, thick diaper.
- ✧ Knowing that I will be disappointed in myself if I do not wake up to a wet bed.
- ✧ Wearing plastic pants so that I can wet myself as much as possible in my sleep.
- ✧ Remembering how excited and aroused I am every time I wake up to a wet bed.
- ✧ Wearing my fleece onesie over my comfortable diaper to bed.
- ✧ Thinking about how satisfied and happy I am with myself whenever I wake up wet.
- ✧ Wetting my bed in my sleep naturally and easily.
- ✧ Never waking up to use the bathroom.
- ✧ Disappointed in myself whenever I wake up to use the bathroom.
- ✧ Comfortably wetting myself in my sleep.
- ✧ Remembering how easily I wet the bed as a small child.
- ✧ Letting go easily and completely whenever I am asleep.
- ✧ Needing my pacifier in order to fall asleep peacefully and comfortably.
- ✧ Unhappy and ashamed of myself whenever I wake up without completely wetting my bed.



- ✧ Drinking from my delicious baby bottle before I go to sleep.
- ✧ Always wearing my comfortable children's pajamas whenever I need to go to bed.
- ✧ Easily and completely releasing my bladder into my diapers whenever I am asleep.
- ✧ Feeling great pride and accomplishment whenever I wake up with a wet diaper.
- ✧ Ashamed and anxious unless I wet the bed each and every night.
- ✧ Knowing that I will be happier with myself whenever I wake up to a completely wet bed.
- ✧ Choosing childish prints and designs for my bedroom.
- ✧ Finding a comforting and childish stuffed animal to sleep with each and every night.
- ✧ Bragging about how easily I wet my bed to others.
- ✧ Peeing my bed before I get up if I ever wake up dry and uncomfortable.
- ✧ Loving the smell of baby powder whenever I am changed in the morning.
- ✧ Remembering how much I desire to relieve myself completely into my comfortable diaper whenever I am sleeping
- ✧ Only comfortable and confident when I am sleeping in my thick, padded diapers.
- ✧ Needing a cute stuffed animal to cuddle with while I am sleeping in my adorable diapers.
- ✧ Wetting my bed completely and comfortably.
- ✧ Knowing that a good baby like me never wakes up at night to use the inconvenient bathroom.
- ✧ Knowing that it is perfectly normal and natural for an adorable baby like me to wet themselves completely and comfortably in their sleep.
- ✧ Wearing plastic pants over my diapers so that I don't leak when I wet myself completely at night.
- ✧ Relieved and relax whenever I release my bladder comfortably and completely into my diapers at night.
- ✧ Proud of myself whenever I wet the bed.
- ✧ Happy with myself whenever I am called a bedwetter.
- ✧ Telling all of my friends and family about my love for wetting my bed completely in my sleep.
- ✧ Drinking as much water as I can before bedtime.
- ✧ Making sure that I wet myself at night instead of wasting effort to get up and pee in a boring toilet.
- ✧ Knowing that peeing in a toilet is boring and uncomfortable.
- ✧ Satisfied whenever I can avoid peeing in a toilet by wetting myself instead.
- ✧ Listening to my bedwetting hypnosis files every night as I fall asleep.
- ✧ Committed to wetting my bed completely and comfortably each and every night.
- ✧ Unhappy and anxious in my life if I ever wake up dry and uncomfortable.
- ✧ Forgetting everything that I know about staying dry in my sleep.



- ✧ Easily throwing away any memories and experiences I have that would prevent me from wetting my bed every night.
- ✧ Knowing that I am happier whenever I forget how to keep myself dry in my sleep
- ✧ Happy whenever my wet diaper is changed in the morning.
- ✧ Buying all the diapers I can so that I never have to worry about leaking when I wet myself at night.
- ✧ Remembering that it is completely normal and natural for me to wet myself completely at night.
- ✧ Throwing away any memories I have of waking up dry and uncomfortable.
- ✧ Knowing that I will be closer to being my ideal self once I have wet my bed in my sleep every night.
- ✧ Feeling sad and unloved and anxious if I ever wake up with a dry diaper.
- ✧ Knowing that diapers are a completely normal and natural part of my life.
- ✧ Accepting myself as an uncontrollable bedwetter.
- ✧ Thinking about new and inventive ways to wet my bed in my sleep.
- ✧ Understanding that I am a bedwetter and always have been.
- ✧ Designing my bedroom to look like an adorable child's room.
- ✧ Remembering how much of an adorable bedwetter I am.
- ✧ Fantasizing about how much happier I will be in my future once I have wet my bed completely every night like I have always dreamed.
- ✧ Working every night to become the best bedwetter I can possibly be.
- ✧ Aroused and turned on whenever I am called a bedwetter.
- ✧ Playing with myself through my completely soaked diaper.
- ✧ Sucking on my soothing thumb whenever I fall asleep in my comfortable diapers.
- ✧ Forgetting all the training I have had in order to keep myself dry at night.
- ✧ Knowing that throwing away all the memories I have of my potty training is good and natural and will help me succeed even more in my life.
- ✧ Remembering that I have always been an adorable little bedwetter and that I am the most happy this way.
- ✧ Finding an overwhelming sense of personal pride whenever I wake up wet.
- ✧ Sleeping comfortably through the night without waking up.
- ✧ Thinking about new and inventive ways to prevent myself from waking up dry in the morning.
- ✧ Proud of myself whenever I wake up wet.
- ✧ Knowing that being a complete and total bedwetter has always been a dream of mine in life.
- ✧ Forgetting every boring detail I know about staying dry and uncomfortable in my sleep.



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- ✧ Happiest whenever I am wet.
  - ✧ Most comfortable when my diaper is completely soaked.
  - ✧ Picturing myself happily wetting my diaper each and every night in my future.
  - ✧ Knowing that becoming a totally helpless bedwetter is completely arousing and is one of my erotic, future goals.