

Practice Guitar For EXPLOSIVE GAINS

Shred Method

Shred

E Phrygian Dominant Scale

Normal Way

E Phrygian Dominant Scale

SHRED METHOD

Normal Way: 7 8 6 7 9 10 7 9

SHRED METHOD: 0 7 0 8 0 6 0 7 0 9 0 10 0 7 0 9

Normal CAGED System Chord Exercise

C: 0 1 2 3

A: 0 2 2 2 0

G: 3 3 0 0 0 3

E: 0 0 1 2 2 0

D: 2 3 2 0

SHRED METHOD Chord Exercise (Dorian Chords)

Am: 0 1 2 0

D: 0 3 2 4 0

Am: 0 5 5 7 0

D: 0 7 7 7 0

Am: 0 10 9 10 0

D: 0 10 11 12 0

Am: 0 13 14 14 0

♩ = 120

Normal Song Practice

Crazy Train

TAB: 2 2 4 2 5 2 4 2 | 2 5 4 5 2 5 4 0

Shred Method Song Practice

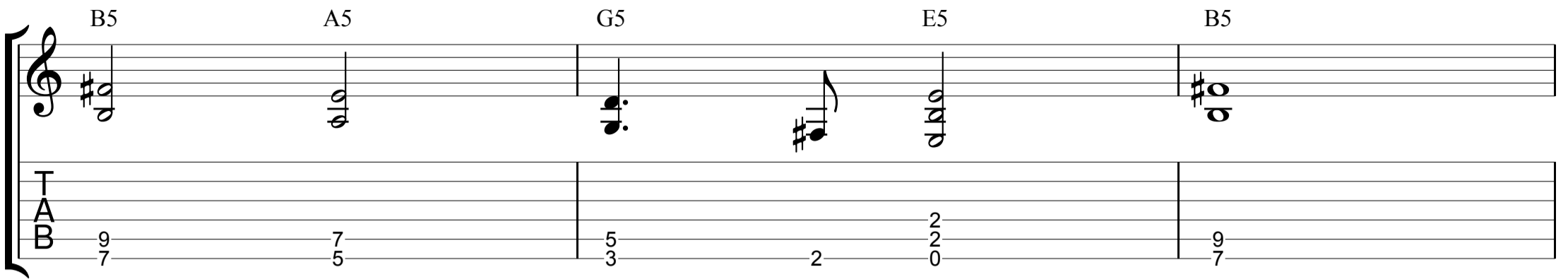
Crazy Train

TAB: 2 2 4 2 6 2 4 2 | 2 5 4 5 2 5 4 0

♩ = 65

Comfortably Numb Chords

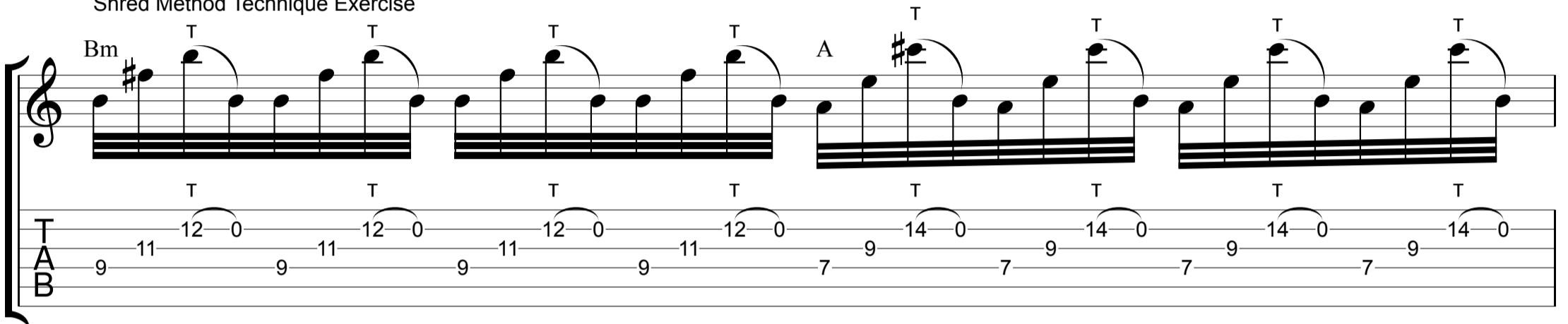
B5 A5 G5 E5 B5



TAB 9 7 7 5 5 3 2 0 9 7

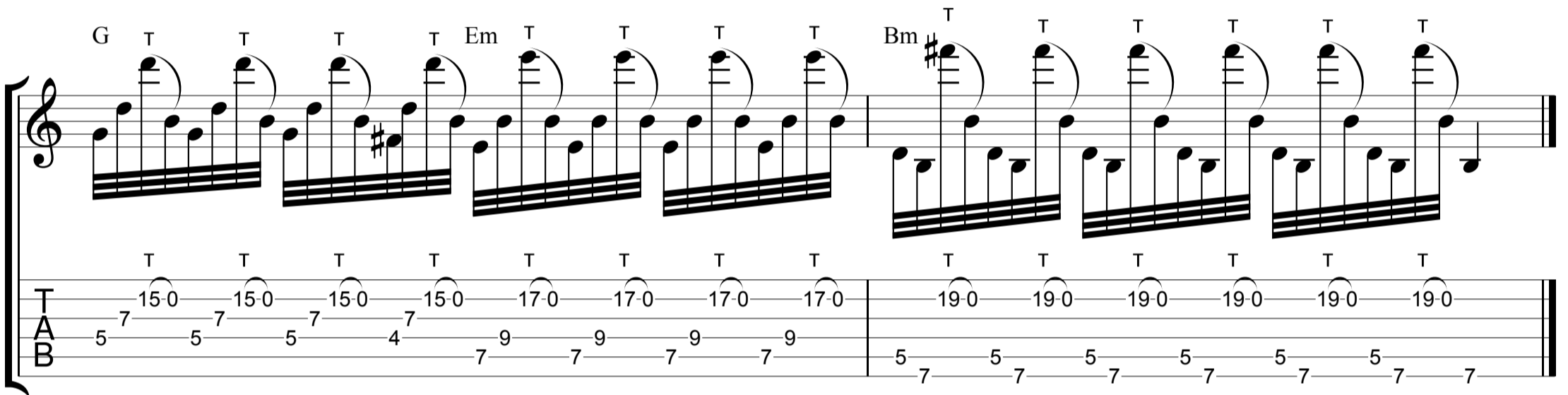
Shred Method Technique Exercise

Bm A



TAB 9 11 12 0 9 11 12 0 9 11 12 0 9 11 12 0 7 9 14 0 7 9 14 0 7 9 14 0 7 9 14 0

G Em Bm



TAB 5 7 15 0 5 7 15 0 5 7 15 0 5 7 15 0 7 9 17 0 7 9 17 0 7 9 17 0 7 9 17 0 5 7 19 0 5 7 19 0 5 7 19 0 5 7 19 0 5 7 19 0 5 7 19 0